



Cerna Premium Meal Plan



Name: _____ Date: _____

Phone #: _____ Cell #: _____

Email: _____ Cerna Rep: _____

User Name: _____ Password: _____

Gender: Male: Female:

Medical Condition: Dementia COPD CHF Neuro
 GA Ortho Diabetes Other

Birthdate (day): _____ Height: _____ Weight: _____ Goal Weight: _____

Approximate Wake Up Time: _____ Bedtime: _____

Activity Level: 1 2 3 4 5 (Lowest - - - - - Highest)

Delivery Address: _____ Apt #: _____

City: _____ State: _____ Zip Code: _____

County: _____ Closest Cross Street: _____

Private Home: _____ Gate Access Code: _____

Building Access Code: _____ Key Necessary: _____ Doorman: _____

Where would you like bag placed: _____



Delivery Notes: _____

Pets/Dogs: Yes No (outside / inside)

Other Health Conditions: _____

Food Allergies: _____

Severity of Allergy MUST BE ASKED: _____

Food/Spice Dislikes: _____

*** Allowed 5 Dislikes - \$3.00 Charge Above 5 Dislikes – Maximum Dislikes 8 ***

Days of Service: Start Date: _____ Daily Rate: _____

Mon – Fri (5 days a week)

Mon – Sun (7 days a week)

Other: _____

Above allowance Dislike Charge: _____

Delivery Charge: _____

Total: _____

Program Types: Other / Days: _____

7 Days

20 Days

31 Days

5 days

Meals: Breakfast

Lunch

Dinner

Snack:

Dessert

Extra Snack

Extra Protein

Soup + Salad

Chef Select Meal Plan (breakfast, lunch dinner) per day – 41.95

Premium Dinner Plate – 16.95

Premium Dinner Bowl – 12.95

Delivery – 6.00 three times per week



Billing Information



Bill My Cerna Account

Credit Card: Visa Master Card American Express Discover

Name as it appears on the Card: _____

Credit Card Number: _____ Exp. Date: _____

Visa/MC: 3 digit security code on back of card: _____

American Express: 4 digit code above name on front of card: _____

Billing Address: _____ Apt #: _____

City: _____ State: _____ Zip Code: _____

\$25.00 Bag Deposit



***** REMINDER: Your Bag must be returned each evening. At the end of your program your credit card will be charged \$25.00 for each bag not returned. *** Extra Ice Packs must be returned at the end of your program or there will be additional charge. *****

