



CERNA
HOMECARE
Caring for life

- Flexible Scheduling
- Insurance Accepted
- Mobility & Cognitive Care
- Specialized Levels of Care
- Hourly & Live-In Programs
- Competitive Rates
- Transportation & Coordination

Toll Free 877-577-6782



PERSONALIZED CARE

- Free assessment
- Part-time care
- Full-time care
- Live-in care
- Flexible schedules
- Specialization of care based on condition

LEVEL I

Bathing, grooming, light housekeeping, transfers, dressing, custodial care, meal planning and preparation, general assistance, exercise, socialization, stimulation, outings, hospital sitting, patient advocate, errands, projects, medication and more.

LEVEL II

Alzheimer's, Lewy Bodies and Dementia/memory care, focused cognitive stimulation. Diabetes care and blood sugar management. Parkinson's care and stroke rehabilitation, physical stimulation therapies (following the visiting PT program), diet planning, cognitive progressive monitoring, fine and gross motor skill exercises, balance exercises and much more. Our level II service provides focused cognitive activity, physical activity, lifestyle planning and constant monitoring to ensure progress, whatever your care needs might be.



WHY CERNA

Whether you need some help around the house for a few hours a day or 24 hour care every day, we have the right care aide and program for you or your loved one.

- 24 Hour Coordinator on-call
- All staff are W-2 employees
- Workers' compensation insurance
- Liability insurance
- Bonded
- CPR & first aid certified
- Certified with Cerna level I or II care program
- Individual care plans created for each client
- Care aides document daily care notes

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NURSING CARE SERVICES

- LVN, LPN and CNA's
- Continuous care
- Hospice trained
- Quality documentation
- Badged and uniformed
- Two to four hour response time

CARE MANAGEMENT

With Cerna's Coordinated Care program, managing you or your loved one's health needs are no longer a burden and you can focus on quality of life.

- Medical research & advocacy
- Manage living arrangements
- Coordinate & facilitate healthcare services
- Monitor & coordinate medications, supplies, and equipment
- Physicians, specialists and medical personnel communication management
- Diet plan coordination
- Office appointment scheduling & participation
- Cognitive activity plans & exercise
- Medical billing assistance
- Transportation services

TRANSPORTATION

With Cerna's transportation service we assist you or your loved one with coming home and getting settled.

- Facility discharge coordination
- Fully automated disabled transportation van
- Errands and appointments
- General home assistance
- Bed transfers
- Medication pick up & management
- One to four hour shifts
- Meal planning and coordination
- Equipment available: Barton chairs, hooyer lifts, and wheelchairs



MEMORY CARE

Cerna specializes in cognitive impairments from Alzheimer's, Dementia, Parkinson's stroke, injuries, Diabetes and more. We train our staff and use the Alzheimer's Associations "CARES" training to ensure our staff know and understand the special care requirements of someone with a cognitive impairment.

- Manage behavior changes
- Remove and manage triggers
- Redirection management
- Behavior mapping
- Medication help



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All locations are corporate owned—no franchises!